

## Our teambuilding games



### Original UH

Happy guests since 2006

Time: 1.5-4 h  
Participants: 4-150

Here the big group is divided into teams of 4-5 people. "Original UH" is a friendly and fun game where the winning team is the one collecting most points over a fixed time.

All teams have access to all 40 challenges and it is a smorgasbord of activities where each team chooses which challenges they wish to have a go at. How many rooms a team will try depends on choice of strategy and the total time.

---



### Beat the House

Towards a common goal!

Time: ca 3-4 h  
Participants: 10-25  
Coffee & tea is included

Sometimes it can be wise to compete with each other instead of against each other. Your mission in this game is to crack all our 40 challenges by using your combined pool of resources. Strategic thinking and execution will be tested.

From our side we take on a more coaching approach where we alternate team talk and challenges, always with focus on positive attitude, energy and openness. At your departure you will be guaranteed to feel a strong camaraderie!

---



### 50/50

Let's mix things up!

Time: 3-4 h  
Participants: 20-50  
Coffee & cake included

Many new faces in the office? '50/50' is the perfect setup for establishing new contacts and boost interaction between colleagues. We recommend extra mingling time!

We split the game in 2 heats and the house in 2 fields, with new teams and new acquaintances in each heat. Perfect for breaking up internal group structures or getting to know the colleagues you rarely get to meet or speak to.

---



### Focus Play

What is your focus?

Time: 1.5-2,5 h  
Participants: 4-40

Do you for example wish to boost communication, leadership or proactive thinking in your team? Pick and choose your focus area and we will handpick suitable challenges!

We offer 40 unique challenges with a wide variety of focus areas. In this setup time among the activities is mixed with pep talk and guidance from one of our coaches to make sure you get the most out of your visit.

---



### Battle of Divisions

Healthy competitive spirit!

Time: 2-3 h  
Participants: 10-150

Boost the healthy competitive spirit at your work place! This game gives 2 offices or departments in the same company a chance to challenge each other.

The setup was invented by earlier guests with the desire to increase the cohesion of their department while they at the same time got a chance to beat their colleagues. Be prepared for a fast-paced game with tough and fair spirit!



A creative & funtastic world in constant movement awaits you!



Challenges, Conference & Event!  
15 new challenges every year!



Home made activities built on a 100% unique technical platform!



**UTMANINGARNAS HUS**



www.utmaningarnashus.se  
info@utmaningarnashus.se  
+46 40 510 175

10 minutes from Malmö C

